PSYCHOLOGY HISTORY SCIENCE AND PROFESSION – Code 800142

Academic Year 2022-23

COURSE INFORMATION

Undergraduate Studies: 0812 – Degree in Psychology (Studies Plan 2009-10)
Type: Basic (compulsory)
ECTS: 6.0
Module: Basic training
Area: Psychology
Year: First
Semester: 1

INSTRUCTOR INFORMATION

Name: Dr. Yolanda Higueras
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Office number: 1012-C
Office hours: from 3rd September to 14th December

Wednesday 9:00-10:00 and 12-00-13:00
Friday 9:00-10:00

SYNOPSIS

COMPETENCIES

General competencies

GC1: Know and understand the functions, characteristics and limitations of the different theoretical models in psychology.
GC2: Know and understand the basic laws of the different psychological processes.
GC6: Know and understand research methods and data analysis techniques.
GC15: Know and comply with the requirements of professional ethics in psychology.

Transversal competencies

TC1: Analysis and synthesis.
TC2: Preparation and defence of properly reasoned arguments.
TC3: Problem solving and decision making in Psychology.
TC5: Looking for information and data interpretation on social, scientific and ethical topics related to the field of Psychology.
TC6: Team work
TC7: Critical thinking and self- analysis.
TC8: Learning how to learn, skills for life-long learning.
TC9: Communication skills, learning how to communicate ideas to both, professional and non-professional   audiences.

Specific competencies

SC1: Identify needs and demands of the recipients of work performed by the psychologist in the different areas of application.
SC4: Be able to describe and measure variables (personality, intelligence and other aptitudes, attitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes).
SC5: Be able to identify differences, problems and needs.
SC17: Be able to measure and obtain relevant data for the evaluation of interventions.
SC10: Know how to analyse the context in which individual behaviours and group and organizational processes take place.
SC19: Know how to appropriately and accurately provide feedback to recipients.
SC18: Know how to analyse and interpret results of evaluations.

Others

After acquiring the before-mentioned skills students are expected to:
1. Be familiar with the Ethical Code of the Psychologist
2. Be familiar with the different contexts in which the intervention of a psychologist might be defended.
3. Be familiar with the different schools in Psychology, both historically and at present.
4. Be familiar with the different types of psychologically based therapies (cognitive, psychoanalytic, humanistic, etc.)
5. Learn how to use psychology related terms.
6. Learn how to use all the library and computer-based resources related to the field**.**

TEACHING ACTIVITIES

LECTURES: Professor in charge will explain the main concepts as well as the way through which the above mentioned skills may be acquired. Students' presence is required to qualify for a pass mark. Professor will provide basic guideline and notes for students; however, it is students' obligation to complete that material with additional readings (books, articles, and web resources), notes and projects that will guarantee complete understanding of key concepts. Lectures last for 14 weeks.

PRACTICALS: Classroom or lab practice to clarify theoretical contents further. Presence is mandatory to pass this part of the matter.

OTHER ACTIVITIES

1. Further readings
2. Essay writing
3. Information search
4. Group projects
5. Presentations

TEACHING ACTIVITIES	Hours	% of total credits	Attendance
Lectures	30	20%	100%
Practical sessions, seminars	15	15%	100%
Tutorials	5	3.3 %	50%
Students' work (class assignments and time of study)	95	63.3%	0%
Assessment activities	5	3.3%	100%

BRIEF DESCRIPTION:

The contents of the course "Psychology: history, science and profession" include the following: definition of psychology, method of psychology, schools of psychology from a historical perspective, modern perspectives, ethics.

PRE-REQUISITES

No specific requirements.

OBJECTIVES

1. Get familiar with and understand the functions, characteristics and limitations of the different models from a historical perspective, in relation to the object of study and method applied.
2. Get familiar with and understand modern development in Psychology.
3. Get familiar with the applied areas in psychology.
4. Get familiar with and learn how to comply with the ethical standards in psychology.

TOPICS

I. Introduction to Psychology
II. History
    a. Origins and evolution of psychology
    b. Wüzburg and Gestalt
    c. Psychoanalysis
    d. Behaviourism
    e. Humanism
    f. Cognitivism
    g. Spanish Psychology
III. Science
    a. Pseudoscience and critical thinking
    b. Research methods
IV. Psychology as profession
    a. Professional fields
    b. Psychology fields
    c. Ethical code

ASSESSMENT

Specific requirements and arrangements will be announced at beginning of term. The final mark will be a mean between the theory exam mark and practical mark. Each student needs to get a pass mark in both in order to get a final pass mark or better.

Theory (70%)

Practicals (30%)

Being:

0-4 ,9: fail

5,0-6,9: pass

7,0-8,9: very good

9,0-10: excellent

RESOURCES

1. Atkinson RL. (2000). *Hilgard's introduction to psychology.* 13th ed. Fort Worth, Tex: Harcourt College Publishers.
2. Bringmann WG. (1997). *A pictorical history of psychology.* Chicago: Quintessence books.
3. Brown JM. (2010). *The Cambridge handbook of forensic psychology.* Cambridge: Cambridge University Press.
4. Buskist W. (2006). *Handbook of the teaching of psychology.* Malden : Blackwell,;
5. Cahn SM. (2009). *Exploring ethics: An introductory anthology.* New York: Oxford University Press.
6. Cooper CL. (2009). *International handbook of work and health psychology*. 3rd. ed. ed. Chichester : Wiley-Blackwell.
7. Doris JM. (2010). *The moral psychology handbook.* Oxford : Oxford University Press ;
8. Eysenck MW. 2005 Cognitive psychology: A student's handbook. 5th.ed. ed. Hove: Psychology Press.
9. Gibbs JC. (2003). *Moral development and reality: Beyond the theories of Kohlberg and Hoffman*. Thousand Oaks [etc]: Sage,;
10. Gilbert DT. (2010). *Handbook of social psychology.* 5th.ed. ed. New Jersey: John Wiley and Sons,;
11. Hergenhahn BR(1997). *An introduction to the history of psychology*. 3rd.ed. ed. Pacificic Grove: Brooks/Cole.
12. Krausz M. (2010). *Relativism: A contemporary anthology*. New York: Columbia University Press
13. Lakin M. (1991). *Coping with ethical dilemmas in psychotherapy.* Oxford: Pergamon.
14. Leahey TH. (1992). *A history of psychology: Main currents in psychological thought.* 3rd ed. ed. Englewood Cliffs, NJ : Prentice Hall.
15. Leary DE. (1992). *Metaphors in the history of psychology.* Repr. ed. New York: Cambridge University Press.
16. Littleton K. (2010). *International handbook of psychology in education.* Bingley: Emerald

17. McKay D. (2008). *Handbook of research methods in abnormal and clinical psychology.* Los Angeles: Sage ,;
18. Schweigert WA. (2012). *Research methods in psychology: A handbook.* 3rd. ed. ed. Long Grove, Illinois : Waveland Press .
19. Skinner BF. (1976). *Walden two*. New York ; London: Macmillan,;
20. Tiles M. (1984). *Bachelard: Science and objectivity.* Cambridge: Cambridge University Press,;

Supplementary references

McLean, P. (2001). *Anxiety disorders in adults: an evidence-based approach to psychological treatment.* Oxford: Oxford Univ Press. [Disponible en la Biblioteca Digital de la UCM: http://0-site.ebrary.com.cisne.sim.ucm.es/lib/universidadcomplutense].

Orama-López, A. (2008). *Historia de la Psicología Clínica como Profesión: Orígenes y tendencias.* Buenos Aires: PSICOM (libro electrónico).

Online resources

http://allpsych.com/psychology101/intro.html - All Psychology online - aula virtual de introducción a la psicología

http://www.apa.org/ - American Psychological Association

http://www.cop.es/ - Colegio Oficial de Psicólogos

http://www.cop.es/infocop/ - Infocop, revista del Consejo General de Colegios de Psicólogos

http://www.fad.es/Home - Fundación de Ayuda contra la Drogadicción

http://www.pbs.org/saf/index.html - Scientific American

http://www.psicologossinfronteras.net/ - Psicólogos sin Fronteras

http://www.psywww.com/ - Psych Web - Información adicional para estudiantes interesados en psicología

http://www.wwnorton.com/psychsci/home.htm - Student Website for Psychological Science

www.papelesdelpsicologo.es/ - Papeles del Psicólogo. Revista del Colegio Oficial de Psicólogos.

www.psicologia-online.com/ - Psicología online: formación, autoayuda y consejo online. También textos gratuitos online.

www.psicothema.com/ - Revista del Colegio de Psicólogos del Principado de Asturias

www.red-psi.org/ - Red de servicios para profesionales de la Salud Mental, Psicología y Psiquiatría.

www.ucm.es/info/Psi/docs/journal/ - Spanish Journal of Psychology. Revista de la Facultad de Psicología de la Universidad Complutense

www.ucm.es/info/seas/revista/ - Ansiedad y Estrés, Revista de la Sociedad Española para el Estudio de la Ansiedad y el Estrés (SEAS)

www.uv.es/revispsi/ - Psicológica - Revista de la Facultad de Psicología de la Universidad de Valencia