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MENTAL ILLNESS STIGMA

RESEARCHING FOR CHANGE

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The stigma effect

Patrick Corrigan, Psy.D., Distinguished Professor of Psychology, Illinois Institute of Technology. Distinguished Professor of Psychology at the Illinois Institute of Technology. Currently, he is principal investigator of the National Consortium for Stigma and Empowerment, a collaboration of investigators and advocates from more than a dozen institutions. He also heads projects examining integrated care primary and behavioral health care in a health disparities framework. He has written more than 400 peer-reviewed articles, is editor emeritus of the American Journal of Psychiatric Rehabilitation, and editor of a new journal published by the American Psychological Association, Stigma and Health. Corrigan has authored or edited fifteen books, most recently, *The Stigma of Disease and Disability*. He also is part of the team that developed the Honest, Open, Proud series of anti-stigma programs.



The Illness Identity Model 10 Years On: A Review of the Evidence

Philip Yanos, Ph.D., Professor, John Jay College, City University New York Associate Editor for the journal *Stigma and Health*, and the Director of Clinical Training for the clinical psychology Ph.D. program at John Jay College and the Graduate Center, and the author of “*Written Off: Mental Health Stigma and the Loss of Human Potential*” (Cambridge University Press, 2018). Yanos is the co-developer of 'Narrative Enhancement and Cognitive Therapy', a group-based treatment which addresses the effects of self-stigma among people with mental illness, which has been translated into 7 languages. He is the author of over 100 articles and book chapters.



Anti-stigma programme evaluation- current status and future directions

Claire Henderson, Clinical Senior Lecturer, Health Service and Population Research, King's College London.

Clinical Senior Lecturer in Psychiatry at the Health Service and Population Research Department, King's College London Institute of Psychiatry, Psychology and Neuroscience. She is also an Honorary Consultant Psychiatrist at the South London and Maudsley NHS Foundation Trust. Her research interests are in interventions to reduce stigma and discrimination and interventions to promote shared decision making in mental health care. Currently she is Principal Investigator for: King's College London's evaluation of England's Time to Change programme to reduce mental health related stigma and discrimination, the evaluation of 'Good Thinking' a digital health service for Londoners and the evaluation of England's mental health literacy campaign Each Mind Matters.



Intersectionalities of Stigma: Serious Mental Illness, Substance Use and Homelessness

Deborah K. Padgett, Ph.D., Professor of Social Work and Global Public Health; McSilver Faculty, New York University

Dr. Padgett's book *Housing First: Ending Homelessness, Changing Systems and Transforming Lives* (2016, Oxford University Press) (with co-authors Benjamin Henwood and Sam Tsemberis) documents the rise of a 'paradigm' shifting approach to addressing homelessness. She is internationally known for her mentorship and advocacy of qualitative and mixed methods in research. She is the editor of *The Handbook of Ethnicity, Aging, and Mental Health* (1995) and *The Qualitative Research Experience* (2004), author of *Qualitative Methods in Social Work Research* (2016, 3rd ed.) and *Qualitative and Mixed Methods in Public Health* (2012), and co-author of *Program Evaluation* (6th ed., 2015). Dr. Padgett received the NYU Distinguished Teaching Award (2012) and was Director of the PhD program in Global Public Health (2014-2016). She was named a Fellow of the American Academy of Social Work and Social Welfare (AASWSW) in 2011 and a Fellow of the Society for Social Work and Research (SSWR) in 2013.



Efficacy of Coping Self-stigma Program in people with serious mental disorders: A randomized controlled trial

Olimpia Díaz Mandado, Director of Menni Retiro Residential Service (Hermanas Hospitalarias, Madrid) .

Olimpia Díaz Mandado is a psychologist and a Doctor in Neuroscience. She is director of Menni Retiro Residential Service (Sisters Hospitallers, Madrid) for people with serious mental disorders. Her research focuses on self-stigma in mental health. Specifically, she is interested in studying the relationship between self-stigma and clinical and personal recovery, the development of effective treatments, and describing the impact of cognition in self-stigma.



Researching in stigma: generating knowledge, assessment and treatment.

Manuel Muñoz, Ph.D., Professor of Psychological Assessment and diagnosis, Madrid Complutense University

Professor at the Faculty of Psychology, UCM, Director of the *Department of Personality, Evaluation and Clinical Psychology* and Director of the UCM Research Group on *Mental Health and Society*. He has led several research projects on the study of social factors related to mental health in vulnerable populations (homeless, elderly, etc.). In recent years, he has developed a work focus on the stigma associated with mental illness. He had published various national and international articles about this topic and he is co-author of the book "Mental Illness Stigma: A psychosocial study".