

PSYCHOLOGY HISTORY SCIENCE AND PROFESSION – Code 800142

Academic Year 2016-17

COURSE INFORMATION

Undergraduate Studies: 0812 – Degree in Psychology (Studies Plan 2009-10)

Type: Basic (compulsory)

ECTS: 6.0

Module: Basic training

Area: Psychology

Year: First

Semester: 1

INSTRUCTOR INFORMATION

Name: Dr. Elisavetta Georgieva Kostova

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Office number:

Office hours:

SYNOPSIS

COMPETENCIES

General competencies

GC1: Know and understand the functions, characteristics and limitations of the different theoretical models in psychology.

GC2: Know and understand the basic laws of the different psychological processes.

GC6: Know and understand research methods and data analysis techniques.

GC15: Know and comply with the requirements of professional ethics in psychology.

Transversal competencies

TC1: Analysis and synthesis.

TC2: Preparation and defence of properly reasoned arguments.

TC3: Problem solving and decision making in Psychology.

TC5: Looking for information and data interpretation on social, scientific and ethical topics related to the field of Psychology.

TC6: Team work

TC7: Critical thinking and self-analysis.

TC8: Learning how to learn, skills for life-long learning.

TC9: Communication skills, learning how to communicate ideas to both, professional and non-professional audiences.

Specific competencies

SC1: Identify needs and demands of the recipients of work performed by the psychologist in the different areas of application.

SC4: Be able to describe and measure variables (personality, intelligence and other aptitudes, attitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes).

SC5: Be able to identify differences, problems and needs.

SC17: Be able to measure and obtain relevant data for the evaluation of interventions.

SC10: Know how to analyse the context in which individual behaviours and group and organizational processes take place.

SC19: Know how to appropriately and accurately provide feedback to recipients.

SC18: Know how to analyse and interpret results of evaluations.

Others

After acquiring the before-mentioned skills students are expected to:

1. Be familiar with the Ethical Code of the Psychologist
2. Be familiar with the different contexts in which the intervention of a psychologist might be defended.
3. Be familiar with the different schools in Psychology, both historically and at present.

4. Be familiar with the different types of psychologically based therapies (cognitive, psychoanalytic, humanistic, etc.)
5. Learn how to use psychology related terms.
6. Learn how to use all the library and computer-based resources related to the field.

TEACHING ACTIVITIES

LECTURES: Professor in charge will explain the main concepts as well as the way through which the above mentioned skills may be acquired. Students' presence is required to qualify for a pass mark. Professor will provide basic guideline and notes for students; however, it is students' obligation to complete that material with additional readings (books, articles, and web resources), notes and projects that will guarantee complete understanding of key concepts. Lectures last for 14 weeks (28 classes).

SEMINARIES: Activities to take place in small groups (3-5 people). Students are expected to work independently on more practical aspects of their studies (learn more about different types of tools psychologists work with, such as tests, the methods of psychology, indulge in critical readings, etc.) Professor will supervise achievement closely. Students' presence is required.

PRACTICALS: Classroom or lab practice to clarify theoretical contents further. Presence is required.

OTHER ACTIVITIES

1. Further readings
2. Essay writing
3. Information search
4. Group projects
5. Presentations
6. Book Reading

TEACHING ACTIVITIES	Hours	% of total credits	Attendance
Lectures	30	20%	100%
Practicals, seminars	15	15%	100%
Tutorials	5	3.3 %	50%
Students' work (class assignments and time of study)	95	63.3%	0%
Assessment activities	5	3.3%	100%

BRIEF DESCRIPTION:

The contents of the course "Psychology: history, science and profession" include the following: definition of psychology, method of psychology, schools of psychology from a historical perspective, modern perspectives, ethics.

PRE-REQUISITES

No specific requirements.

OBJECTIVES

1. Get familiar with and understand the functions, characteristics and limitations of the different models from a historical perspective, in relation to the object of study and method applied.
2. Get familiar with and understand modern development in Psychology.
3. Get familiar with the applied areas in psychology.
4. Get familiar with and learn how to comply with the ethical standards in psychology.

TOPICS

- I. From philosophy to neuroscience
 1. Definition. Historical aspects. The experimental method
 2. Structuralism and functionalism
 3. Psychoanalysis and Gestalt Psychology
 4. Russian psychology and Behaviorism
 5. Cognitive psychology today
 6. The influence of adaptation theories
 7. Psychology in Spain

- II. Applied areas
 8. Clinical Psychology
 9. Health Psychology
 10. Organizational psychology
 11. Educational psychology
 12. Judicial Psychology
 13. Psychology of Drug Abuse
 14. Neuropsychology
 15. Sports Psychology
 16. Social Psychology
 17. Traffic Psychology

- III. Deontological issues
 16. The Ethical Code

ASSESSMENT

Specific requirements and arrangements will be announced at beginning of term. The final mark will be a mean between the theory exam mark and practical mark. Each student needs to get a pass mark in both in order to get a final pass mark or better.

Theory (70%)

Practicals (30%)

Being:

0-4,9: fail

5,0-6,9: pass

7,0-8,9: very good

9,0-10: excellent

RESOURCES

1. Atkinson RL. (2000). *Hilgard's introduction to psychology*. 13th ed. Fort Worth, Tex: Harcourt College Publishers.
 2. Bringmann WG. (1997). *A pictorial history of psychology*. Chicago: Quintessence books.
 3. Brown JM. (2010). *The Cambridge handbook of forensic psychology*. Cambridge: Cambridge University Press.
 4. Buskist W. (2006). *Handbook of the teaching of psychology*. Malden : Blackwell,;
 5. Cahn SM. (2009). *Exploring ethics: An introductory anthology*. New York: Oxford University Press.
 6. Cooper CL. (2009). *International handbook of work and health psychology*. 3rd. ed. ed. Chichester : Wiley-Blackwell.
 7. Doris JM. (2010). *The moral psychology handbook*. Oxford : Oxford University Press ;
 8. Eysenck MW. 2005 *Cognitive psychology: A student's handbook*. 5th.ed. ed. Hove: Psychology Press.
 9. Gibbs JC. (2003). *Moral development and reality: Beyond the theories of Kohlberg and Hoffman*. Thousand Oaks [etc]: Sage,;
 10. Gilbert DT. (2010). *Handbook of social psychology*. 5th.ed. ed. New Jersey: John Wiley and Sons,;
 11. Hergenhahn BR(1997). *An introduction to the history of psychology*. 3rd.ed. ed. Pacific Grove: Brooks/Cole.
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12. Krausz M. (2010). *Relativism: A contemporary anthology*. New York: Columbia University Press
 13. Lakin M. (1991). *Coping with ethical dilemmas in psychotherapy*. Oxford: Pergamon.
 14. Leahey TH. (1992). *A history of psychology: Main currents in psychological thought*. 3rd ed. ed. Englewood Cliffs, NJ : Prentice Hall.
 15. Leary DE. (1992). *Metaphors in the history of psychology*. Repr. ed. New York: Cambridge University Press.
 16. Littleton K. (2010). *International handbook of psychology in education*. Bingley: Emerald
 17. McKay D. (2008). *Handbook of research methods in abnormal and clinical psychology*. Los Angeles: Sage ;;
 18. Schweigert WA. (2012). *Research methods in psychology: A handbook*. 3rd. ed. ed. Long Grove, Illinois : Waveland Press .
 19. Skinner BF. (1976). *Walden two*. New York ; London: Macmillan,;
 20. Tiles M. (1984). *Bachelard: Science and objectivity*. Cambridge: Cambridge University Press,;
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Supplementary references

McLean, P. (2001). *Anxiety disorders in adults: an evidence-based approach to psychological treatment*. Oxford: Oxford Univ Press. [Disponible en la Biblioteca Digital de la UCM: <http://0-site.ebrary.com/cisne.sim.ucm.es/lib/universidadcomplutense/>].

Orama-López, A. (2008). *Historia de la Psicología Clínica como Profesión: Orígenes y tendencias*. Buenos Aires: PSICOM (libro electrónico).

Online resources

<http://allpsych.com/psychology101/intro.html> - All Psychology online - aula virtual de introducción a la psicología

<http://www.apa.org/> - American Psychological Association

<http://www.cop.es/> - Colegio Oficial de Psicólogos

<http://www.cop.es/infocop/> - Infocop, revista del Consejo General de Colegios de Psicólogos

<http://www.fad.es/Home> - Fundación de Ayuda contra la Drogadicción

<http://www.pbs.org/saf/index.html> - Scientific American

<http://www.psicologossinfronteras.net/> - Psicólogos sin Fronteras

<http://www.psywww.com/> - Psych Web - Información adicional para estudiantes interesados en psicología

<http://www.wwnorton.com/psychsci/home.htm> - Student Website for Psychological Science

www.papelesdelpsicologo.es/ - Papeles del Psicólogo. Revista del Colegio Oficial de Psicólogos.

www.psicologia-online.com/ - Psicología online: formación, autoayuda y consejo online. También textos gratuitos online.

www.psicothema.com/ - Revista del Colegio de Psicólogos del Principado de Asturias

www.red-psi.org/ - Red de servicios para profesionales de la Salud Mental, Psicología y Psiquiatría.

www.ucm.es/info/Psi/docs/journal/ - Spanish Journal of Psychology. Revista de la Facultad de Psicología de la Universidad Complutense

www.ucm.es/info/seas/revista/ - Ansiedad y Estrés, Revista de la Sociedad Española para el Estudio de la Ansiedad y el Estrés (SEAS)

www.uv.es/revispsi/ - Psicológica - Revista de la Facultad de Psicología de la Universidad de Valencia