

The Role of Positive Emotions and Cognitions in Psychology: New Frontiers and Challenges

Advanced International Seminar 17-18 th October 2016

Facultad de Psicología



Monday, 17th

11:00 Opening Ceremony

Nieves Rojo (Dean of the School of Psychology UCM) Fernando Chacón (Dean of the Madrid Psychological Association) Javier Bandrés (Editor of the Spanish Journal of Psychology)

11:30 Taking Positive Emotions and Cognitions Seriously in Psychology: Emerging Promises and Translational Challenges **Carmelo Vázquez** (Universidad Complutense de Madrid)

12:30 Cognition and Emotion Regulation in Depression: the Role of Positive Affect

Jutta Joormann (Yale University)

15:00 Improving the Capacity to Treat Anhedonia by Identifying which Mechanisms Blunt Pleasure Experience in Depression **Barney Dunn** (Mood Disorders Centre, University of Exeter)

16:00 Positive Technologies: Tools to Explore Positive Emotions **Rosa M. Baños** (Universidad de Valencia)

Tuesday, 18th

10:00 Positive Mental Imagery: from Depression to Optimism Simon E. Blackwell (Mental Health Research and Treatment Center, Ruhr University)

11:00 The Influence of Positive Emotions versus Rumination on Attentional Breadth: Implications for a Neurocognitive Approach to Resilience

Rudi de Raedt (Ghent University)

12:30 Positive Clinical Psychology: from Distress to Happiness **Alex Wood** (*Behavioural Science Centre, University of Stirling*)

13:30 Questions and answers

Language of the seminar will be English

REGISTRATION: there will be no registration fee, but seats are limited and will be assigned on a first-come, first-served basis, so registering is highly recommended at <u>decanato@psi.ucm.es</u>

FOR FURTHER INFORMATION, please contact the organizers at cvazquez@psi.ucm.es

The Spanish Journal of Psychology



