

# The Role of Positive Emotions and Cognitions in Psychology: New Frontiers and Challenges



# Advanced International Seminar 17-18 <sup>th</sup> October 2016

## Facultad de Psicología

### Monday, 17th

11:00 Opening Ceremony
Nieves Rojo (Dean of the School of Psychology UCM)
Javier Bandrés (Editor of the Spanish Journal of Psychology)

11:30 Taking Positive Emotions and Cognitions Seriously in Psychology: Emerging Promises and Translational Challenges Carmelo Vázquez (Universidad Complutense de Madrid)

12:30 Cognition and Emotion Regulation in Depression: the Role of Positive Affect

**Jutta Joormann** (Yale University)

15:00 Improving the Capacity to Treat Anhedonia by Identifying which Mechanisms Blunt Pleasure Experience in Depression **Barney Dunn** (Mood Disorders Centre, University of Exeter)

16:00 Positive Technologies: Tools to Explore Positive Emotions **Rosa M. Baños** (*Universidad de Valencia*)

### Tuesday, 18th

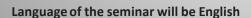
10:00 Positive Mental Imagery: from Depression to Optimism **Simon E. Blackwell** (*Mental Health Research and Treatment Center, Ruhr University*)

11:00 The Influence of Positive Emotions versus Rumination on Attentional Breadth: Implications for a Neurocognitive Approach to Resilience

Rudi de Raedt (Ghent University)

12:30 Positive Clinical Psychology: from Distress to Happiness **Alex Wood** (Behavioural Science Centre, University of Stirling)

13:30 Questions and answers



**REGISTRATION:** there will be no registration fee, but seats are limited and will be assigned on a first-come, first-served basis, so registering is highly recommended at <u>decanato@psi.ucm.es</u>

FOR FURTHER INFORMATION, please contact the organizers at <a href="mailto:cvazquez@psi.ucm.es">cvazquez@psi.ucm.es</a>



